

How do I get started?

Talk with your team – your teachers, your ISC, and your family.

Write down your hopes and dreams for your future and share them with others.

Get to know community options for on-the-job training, internships, self-employment, and postsecondary schooling.

It's never too early to begin looking at your options!



Lite After Graduation

OUR MISSION:

To bring about a
VIBRANT community,
where people lead
FULFILLING LIVES and
make MEANINGFUL
CONTRIBUTIONS.



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Where Do I Begin?

What Is Transition Planning?

Transition planning can start at any age – the earlier the better!

The date you will take your diploma needs to be determined as early as possible, to allow plenty of time to plan for future opportunities.

Age 14: You and your family begin creating the vision for your future and discuss this with your team. This gives you and your team ideas to include in your IEP.

Ages 16-21: You gain credits toward graduation and connect with people and agencies to help after graduation. You and your team firm up plans for what you will do after high school, including employment, social opportunities, independent living and community interests.

Transition Planning Resources:

http://www.fairfielddd.com/transitionalservices

Resources For Families:

http://www.fairfielddd.com/community-resources-for-families



How can Fairfield County Board of Developmental Disabilities help me?

- Assign an Individual Support Coordinator to inform you about choices during school and for after graduation.
- Work with you on a plan that maps out the direction for your life after graduation.
- Provide support during IEP meetings.
- Help you learn about your interests, abilities and your options for work, social activities, and independent living.
- Identify community options in line with your interests.
- Help you connect with options you choose to explore.
- Consider independent living options including Medicaid waivers.
- Provide information about how to get important benefits and how to keep them when going to work.

Options through Fairfield County Board of Developmental Disabilities

- **Employment ISC:** Person from FCBDD that assists with your employment planning options.
- **Project Search:** Internship and classroom instruction for students in their last year of high school.
- Community Employment: working in the community on a job you enjoy.
- Individual Employment Supports: Supports to get and keep a job in the community.
- **Discovery:** Assessment of your interests, abilities and options for work, social activities, and community living.
- Employability Skills: Training and assessments by internships, curriculum focused on assessing and identifying employment goals.
- Community Engagement: Exploration of social activities that you would enjoy!
- Linkage to a variety of options after graduation-OODA/BVR, college, social groups, transportation options, benefits information.

